Mom's Recipes from Our Childhood

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Introduction

Alfredo Sauce



Ingredients

- butter
- parmesan cheese
- salt and pepper
- half and half
- flour

Instructions

: Melt 3 tablespoons of butter
: Sprinkle approximately two tablespoons of butter into the metled butter to form a rue
: Add pint of half and half to rue
: While stiring slowly: add 1 teaspoon of salt and a pinch of pepper and garlic powder
: Add 2-3 tablespoons of parmesan
: *If needed*: bring to a quick simmer to help thicken the sauce
: Add sauce to noodles

Breaded Pork Chops



Ingredients

- thin bone-in pork chop
- eggs
- milk
- flour
- one gallon ziploc bag
- salt and pepper
- italian style bread crumbs
- canola or peanut oil*

Instructions

Prep:• crack 2 - 3 eggs in a bowl
- add 1/4 cup of milk to eggs
- rinse and pat dry pork chops
- fill a one gallon ziploc bag with a cup of flour
- liberally spread italian style bread crumbs over a plate

Cooking:• heat a canola/peanut oil in a large saute pan so that oil is covering the bottom of the pan
- Drop pork chops into ziploc bag of flour (two at a time)
- Close the bag and shake pork chops in the flour
- Dip the pork chops into the egg wash
- Press pork chops into bread crumbs on both sides
- Fry the pork chops in the oil**
- Add salt and pepper while frying

Notes

* Do not use olive oil

** For thin pork chops cook five minutes a side; for thick pork chops cook 7-8 minutes a side