Orange Creamsicle Smoothie

Description

This delicious smoothie is sweetened with oranges and vanilla yogurt. It's a thick, cold, smooth treat that can be enjoyed any time of day



Summary

Yield: 1
Source: It's Yummilicious

Orange Creamsicle Smoothie

Prep Time: 5 minutes
Category: Drinks
Cuisine: American

Ingredients

- 1 cup milk
- 6 oz vanilla yogurt
- 1/4 cup frozen orange juice concentrate
- 3 mandarin orange slices
- 1/4 tsp vanilla
- 5 ice cubes

Instructions

Combine milk, yogurt, orange slices, orange juice concentrate and vanilla extract in a blender.

Blend 15 seconds to combine ingredients.

Add ice cubes and blend about 20 seconds to crush ice.

Serve immediately.