

Mom H's Almond Energy Balls

Description

¾ cup almond (or other nut) butter
¼ cup honey
1 cup ground nuts (almonds, walnuts, pecans)
1 cup crispy brown rice cereal
½ cup raw pumpkin seeds
½ cup raw sunflower seeds
¼ cup coconut

Mix all ingredients together. If the dough is not firm enough to roll into a ball, add more ground nuts or coconut. Form into 1 & 1/2" balls. Roll in fine coconut. Keep refrigerated in sealed container.

Summary

Yield: 24

Prep Time: 15 minutes

Category: Cookies & Bars

Ingredients

Instructions